

Gender Age	Racer Name Time	Points
<b>Keith Nintzel 5K Individual Points</b>		
<b>Women 20-24</b>		
	<b>Briggs, Alison (Long Run Crew)</b>	
1	Keith Nintzel 5K (21:42)	100
	<b>Ciccione, Alexandra (Northport Runners Club)</b>	
2	Keith Nintzel 5K (24:08)	90
<b>Women 25-29</b>		
	<b>Kim, Jessica (Selden Hills)</b>	
1	Keith Nintzel 5K (25:14)	100
<b>Women 30-34</b>		
	<b>Bruno, Kimberly (Selden Hills)</b>	
1	Keith Nintzel 5K (21:18)	100
	<b>Harper, Kristina (NYPD)</b>	
2	Keith Nintzel 5K (23:50)	90
	<b>Hill, Jessica (Northport Runners Club)</b>	
3	Keith Nintzel 5K (24:11)	86
	<b>Dungate, Tara (Selden Hills)</b>	
4	Keith Nintzel 5K (25:49)	83
	<b>Radino, Natalie (Selden Hills)</b>	
5	Keith Nintzel 5K (26:54)	80
	<b>Genova, Jennifer (Selden Hills)</b>	
6	Keith Nintzel 5K (27:07)	77
<b>Women 35-39</b>		
	<b>Backer, Allison (Selden Hills)</b>	
1	Keith Nintzel 5K (20:59)	100
	<b>Figari, Deanna (Selden Hills)</b>	
2	Keith Nintzel 5K (21:18)	90
	<b>Thompson, Sarah (Selden Hills)</b>	
3	Keith Nintzel 5K (22:25)	86
	<b>Fezza, Elena (Selden Hills)</b>	
4	Keith Nintzel 5K (23:53)	83
	<b>Homan, Michelle (Selden Hills)</b>	
5	Keith Nintzel 5K (27:20)	80
	<b>Sweeney, Melanie (Selden Hills)</b>	
6	Keith Nintzel 5K (27:33)	77
<b>Women 40-44</b>		
	<b>Gravinese, Ellissa (Selden Hills)</b>	
1	Keith Nintzel 5K (22:12)	100
	<b>Pita, Jaime (Selden Hills)</b>	
2	Keith Nintzel 5K (22:24)	90
	<b>Harte, Karen (Selden Hills)</b>	
3	Keith Nintzel 5K (23:05)	86
	<b>Polito, Kim (Selden Hills)</b>	
4	Keith Nintzel 5K (23:48)	83

	<b>Aquino, Josie (GLIRC)</b>	
5	Keith Nintzel 5K (24:34)	80
	<b>Moran, Clare (Northport Runners Club)</b>	
6	Keith Nintzel 5K (24:40)	77
	<b>Vass, Szvilia (Selden Hills)</b>	
7	Keith Nintzel 5K (28:50)	74
	<b>Greene, Saniiyah (GLIRC)</b>	
8	Keith Nintzel 5K (29:54)	71
<b>Women 45-49</b>		
	<b>Fraiberg, Erica (Northport Runners Club)</b>	
1	Keith Nintzel 5K (21:41)	100
	<b>Hayduk, Hayda (Northport Runners Club)</b>	
2	Keith Nintzel 5K (22:50)	90
	<b>Consalazio, Angelique (Northport Runners Club)</b>	
3	Keith Nintzel 5K (23:33)	86
	<b>Bartolotta, Kiersten (Selden Hills)</b>	
4	Keith Nintzel 5K (25:06)	83
	<b>Anderson, Nancy (Selden Hills)</b>	
5	Keith Nintzel 5K (27:11)	80
	<b>McGreevey, Kim (We Are Athletes)</b>	
6	Keith Nintzel 5K (28:51)	77
	<b>Ryan, Sam (Selden Hills)</b>	
7	Keith Nintzel 5K (29:20)	74
<b>Women 50-54</b>		
	<b>Orelli, Regina (Northport Runners Club)</b>	
1	Keith Nintzel 5K (25:06)	100
	<b>Themistocleous, Eliana (GLIRC)</b>	
2	Keith Nintzel 5K (25:37)	90
	<b>Manno, Linda (Selden Hills)</b>	
3	Keith Nintzel 5K (26:00)	86
<b>Women 55-59</b>		
	<b>Bishop, Josephine (Northport Runners Club)</b>	
1	Keith Nintzel 5K (25:26)	100
	<b>Morabito-Weeks, Veronica (Selden Hills)</b>	
2	Keith Nintzel 5K (28:45)	90
	<b>Fitzpatrick, Sue (GLIRC)</b>	
3	Keith Nintzel 5K (29:02)	86
	<b>Davidson, Mindy (Runner's Edge)</b>	
4	Keith Nintzel 5K (30:48)	83
	<b>Razzano-Nerud, Debra (Northport Runners Club)</b>	
5	Keith Nintzel 5K (33:58)	80
<b>Women 60-64</b>		
	<b>Zacharia, Marianne (Northport Runners Club)</b>	
1	Keith Nintzel 5K (27:47)	100
	<b>Robinson, Susan (Northport Runners Club)</b>	
2	Keith Nintzel 5K (28:19)	90

	<b>Abrams, Diane (Northport Runners Club)</b>	
<b>3</b>	Keith Nintzel 5K (29:16)	86
	<b>Bush, Patricia (We Are Athletes)</b>	
<b>4</b>	Keith Nintzel 5K (34:29)	83
<b>Women 65-69</b>		
	<b>Carroll, Patricia (We Are Athletes)</b>	
<b>1</b>	Keith Nintzel 5K (37:10)	100
	<b>Martin, Kathryn (Northport Runners Club)</b>	
<b>2</b>	Keith Nintzel 5K (41:13)	90
<b>Women 70-74</b>		
	<b>Gonzalez, Abby (We Are Athletes)</b>	
<b>1</b>	Keith Nintzel 5K (30:48)	100
	<b>Robinson, Irene (We Are Athletes)</b>	
<b>2</b>	Keith Nintzel 5K (35:21)	90
	<b>Bellovin, Sherry (We Are Athletes)</b>	
<b>3</b>	Keith Nintzel 5K (50:05)	86
<b>Women 75-79</b>		
	<b>Clavin, Helma (Selden Hills)</b>	
<b>1</b>	Keith Nintzel 5K (32:56)	100
<b>Men 20-24</b>		
	<b>Mihailin, Thomas (Northport Runners Club)</b>	
<b>1</b>	Keith Nintzel 5K (18:17)	100
	<b>McKeon, John (GLIRC)</b>	
<b>2</b>	Keith Nintzel 5K (19:02)	90
<b>Men 25-29</b>		
	<b>Culhane, Colin (We Are Athletes)</b>	
<b>1</b>	Keith Nintzel 5K (17:28)	100
	<b>Pickard, Robert (Long Run Crew)</b>	
<b>2</b>	Keith Nintzel 5K (17:39)	90
	<b>Doskoez Jr, Ronald (Long Run Crew)</b>	
<b>3</b>	Keith Nintzel 5K (19:22)	86
	<b>Weisenbacher, Ryan (Selden Hills)</b>	
<b>4</b>	Keith Nintzel 5K (19:35)	83
<b>Men 30-34</b>		
	<b>Toro, Jonathan (Long Run Crew)</b>	
<b>1</b>	Keith Nintzel 5K (16:55)	100
	<b>Bornhoft, Glen (Long Run Crew)</b>	
<b>2</b>	Keith Nintzel 5K (18:28)	90
	<b>Murphy, Patrick (Northport Runners Club)</b>	
<b>3</b>	Keith Nintzel 5K (21:35)	86
<b>Men 35-39</b>		
	<b>Bartolotto, Kevin (Long Run Crew)</b>	
<b>1</b>	Keith Nintzel 5K (19:27)	100
	<b>Jensen, Joseph (Long Run Crew)</b>	
<b>2</b>	Keith Nintzel 5K (19:29)	90

	<b>Murphy III, Robert (Northport Runners Club)</b>	
<b>3</b>	Keith Nintzel 5K (19:34)	86
	<b>Bauer, Michael (Selden Hills)</b>	
<b>4</b>	Keith Nintzel 5K (24:25)	83
<b>Men 40-44</b>		
	<b>Ward, Christopher (Long Run Crew)</b>	
<b>1</b>	Keith Nintzel 5K (19:04)	100
	<b>Luna, David (Long Run Crew)</b>	
<b>2</b>	Keith Nintzel 5K (20:05)	90
	<b>Duffy, Thomas (We Are Athletes)</b>	
<b>3</b>	Keith Nintzel 5K (20:19)	86
	<b>Jensen, John (Long Run Crew)</b>	
<b>4</b>	Keith Nintzel 5K (21:22)	83
	<b>Dabrowski, Adam (Runner's Edge)</b>	
<b>5</b>	Keith Nintzel 5K (21:51)	80
	<b>Alexander, Sean (Long Run Crew)</b>	
<b>6</b>	Keith Nintzel 5K (23:29)	77
<b>Men 45-49</b>		
	<b>Minerva, Michael (Selden Hills)</b>	
<b>1</b>	Keith Nintzel 5K (22:43)	100
	<b>Souto, Mike (Selden Hills)</b>	
<b>2</b>	Keith Nintzel 5K (24:30)	90
	<b>Conroy, Matthew (GLIRC)</b>	
<b>3</b>	Keith Nintzel 5K (25:32)	86
	<b>Sacco, Chris (Selden Hills)</b>	
<b>4</b>	Keith Nintzel 5K (28:15)	83
	<b>Dillingham, Larry (Selden Hills)</b>	
<b>5</b>	Keith Nintzel 5K (37:04)	80
<b>Men 50-54</b>		
	<b>Graygor, Rob (Selden Hills)</b>	
<b>1</b>	Keith Nintzel 5K (22:01)	100
	<b>Buckley, Stephen (Selden Hills)</b>	
<b>2</b>	Keith Nintzel 5K (22:37)	90
	<b>Fiume, Christopher (We Are Athletes)</b>	
<b>3</b>	Keith Nintzel 5K (25:01)	86
	<b>Bendix, Matthew (Northport Runners Club)</b>	
<b>4</b>	Keith Nintzel 5K (25:42)	83
	<b>Schreiber, Christopher (Selden Hills)</b>	
<b>5</b>	Keith Nintzel 5K (27:10)	80
	<b>Meindl, George (NYPD)</b>	
<b>6</b>	Keith Nintzel 5K (41:16)	77
<b>Men 55-59</b>		
	<b>Drueckhammer, Dale (Northport Runners Club)</b>	
<b>1</b>	Keith Nintzel 5K (21:11)	100
	<b>Oakley, John (Selden Hills)</b>	
<b>2</b>	Keith Nintzel 5K (21:30)	90

	<b>Herbert, William (Northport Runners Club)</b>	
3	Keith Nintzel 5K (22:17)	86
	<b>Rockitter, David (GLIRC)</b>	
4	Keith Nintzel 5K (22:28)	83
	<b>Bonanni, Paul (GLIRC)</b>	
5	Keith Nintzel 5K (22:32)	80
	<b>Secor, Rick (GLIRC)</b>	
6	Keith Nintzel 5K (23:04)	77
	<b>DeSpagna, John (Northport Runners Club)</b>	
7	Keith Nintzel 5K (24:57)	74
	<b>Koenig, Bob (LIRRC)</b>	
8	Keith Nintzel 5K (39:15)	71
<b>Men 60-64</b>		
	<b>Robles, Mike (GLIRC)</b>	
1	Keith Nintzel 5K (19:59)	100
	<b>Oliveri, Michael (Selden Hills)</b>	
2	Keith Nintzel 5K (22:54)	90
	<b>Haughn, Robert (Northport Runners Club)</b>	
3	Keith Nintzel 5K (24:53)	86
	<b>LaFleur, Louis (Selden Hills)</b>	
4	Keith Nintzel 5K (25:19)	83
	<b>Lofmark, Bill (We Are Athletes)</b>	
5	Keith Nintzel 5K (37:26)	80
<b>Men 65-69</b>		
	<b>Brida, Joseph (Selden Hills)</b>	
1	Keith Nintzel 5K (23:48)	100
	<b>Garguilo, Anthony (Northport Runners Club)</b>	
2	Keith Nintzel 5K (25:14)	90
<b>Men 70-74</b>		
	<b>Lazzaro, Joseph (Selden Hills)</b>	
1	Keith Nintzel 5K (24:26)	100
	<b>Michel, Dennis (Selden Hills)</b>	
2	Keith Nintzel 5K (24:59)	90
	<b>Hickey, Gabriel (We Are Athletes)</b>	
3	Keith Nintzel 5K (29:05)	86
<b>Men 75-79</b>		
	<b>Robinson, Curt (We Are Athletes)</b>	
1	Keith Nintzel 5K (56:53)	100
<b>Men 80-84</b>		
	<b>Hanley, Jack (We Are Athletes)</b>	
1	Keith Nintzel 5K (33:51)	100