

Gender Age	Racer Name Time	Points
NCPD 5K Individual Points		
Women 20-24		
	Sala, Lisa (Selden Hills)	
1	NCPD 5K (27:16)	100
	Diaz, Belinda (NYPD)	
2	NCPD 5K (32:37)	90
Women 25-29		
	Myszkowski, Olivia (Runner's Edge/LITC)	
1	NCPD 5K (25:04)	100
Women 30-34		
	McGrath, Katie (Long Run Crew)	
1	NCPD 5K (17:57)	100
	Bruno, Kimberly (Selden Hills)	
2	NCPD 5K (21:43)	90
	Hill, Jessica (Northport Runners Club)	
3	NCPD 5K (23:56)	86
	Reed, Jacqueline (NCPD Running Club)	
4	NCPD 5K (33:06)	83
Women 35-39		
	Perno-Grosser, Kelly (Runner's Edge/LITC)	
1	NCPD 5K (20:12)	100
	Grippe, Christine (Runner's Edge/LITC)	
2	NCPD 5K (23:44)	90
	Klausner, Lindsay (Northport Runners Club)	
3	NCPD 5K (25:08)	86
	Demeri, Kelly (GLIRC)	
4	NCPD 5K (25:11)	83
	Davidson, Sarah (NYPD)	
5	NCPD 5K (26:09)	80
	Smith, Lauren (Runner's Edge/LITC)	
6	NCPD 5K (27:24)	77
	Tomel, Amanda (Northport Runners Club)	
7	NCPD 5K (34:50)	74
Women 40-44		
	Harte, Karen (Selden Hills)	
1	NCPD 5K (22:04)	100
	Bumbalo, Linda (Northport Runners Club)	
2	NCPD 5K (22:49)	90
	DePaoli, Mary-Jo (Northport Runners Club)	
3	NCPD 5K (23:53)	86
	Gayron, Christine (Runner's Edge/LITC)	
4	NCPD 5K (24:56)	83
	Ham, Julie (Northport Runners Club)	
5	NCPD 5K (26:34)	80

	Hofmayer, Tara (NYPD)	
6	NCPD 5K (26:48)	77
	Logan, Vanessa (Selden Hills)	
7	NCPD 5K (27:49)	74
	Walter, Patricia (We Are Athletes)	
8	NCPD 5K (29:46)	71
	Gurau, Mihaela (NYPD)	
9	NCPD 5K (31:52)	68
	Butts, Arlene (NCPD Running Club)	
10	NCPD 5K (33:06)	65
	Rodriguez, Jessica (NYPD)	
11	NCPD 5K (44:38)	62
Women 45-49		
	Serravite, Meaghan (Runner's Edge/LITC)	
1	NCPD 5K (22:35)	100
	Arato, Glenna (Selden Hills)	
2	NCPD 5K (24:08)	90
	Tesoriero, Jenney (Northport Runners Club)	
3	NCPD 5K (24:54)	86
	Mouzithras, Bernadette (Selden Hills)	
4	NCPD 5K (25:17)	83
	Bartolotta, Kiersten (Selden Hills)	
5	NCPD 5K (25:45)	80
	Cavaliere-Ng, Melissa (Northport Runners Club)	
6	NCPD 5K (28:07)	77
	McGreevey, Kim (We Are Athletes)	
7	NCPD 5K (30:13)	74
	Puentes, Yvette (NYPD)	
8	NCPD 5K (30:14)	71
	Altschuler, Melissa (We Are Athletes)	
9	NCPD 5K (40:50)	68
Women 50-54		
	Orelli, Regina (Northport Runners Club)	
1	NCPD 5K (24:14)	100
	Brach, Ellen (We Are Athletes)	
2	NCPD 5K (25:26)	90
	Themistocleous, Eliana (GLIRC)	
3	NCPD 5K (25:27)	86
	Stammers-Janzen, Maureen (Northport Runners Club)	
4	NCPD 5K (25:28)	83
	Ritchie, Darlene (Northport Runners Club)	
5	NCPD 5K (26:30)	80
	Ward, Caroline (Selden Hills)	
6	NCPD 5K (27:02)	77
	Campese, Maria (Runner's Edge/LITC)	
7	NCPD 5K (31:24)	74

	Walter, Eileen (NYPD)	
8	NCPD 5K (31:34)	71
Women 55-59		
	Vogt, Dee (Northport Runners Club)	
1	NCPD 5K (24:04)	100
	Razzano-Nerud, Debra (Northport Runners Club)	
2	NCPD 5K (24:58)	90
	Greenspan, Ellen (We Are Athletes)	
3	NCPD 5K (25:35)	86
	Bishop, Josephine (Northport Runners Club)	
4	NCPD 5K (27:04)	83
	Cronin-Stagnari, Barbara (Runner's Edge/LITC)	
5	NCPD 5K (27:04)	80
	Morabito-Weeks, Veronica (Selden Hills)	
6	NCPD 5K (27:55)	77
	Fucella, Maria (Runner's Edge/LITC)	
7	NCPD 5K (28:54)	74
	Garcia, Maria (GLIRC)	
8	NCPD 5K (31:47)	71
	Garguilo, Grace (Selden Hills)	
9	NCPD 5K (34:39)	68
	Hirsch, Hildy (NCPD Running Club)	
10	NCPD 5K (35:18)	65
	Davidson, Mindy (Runner's Edge/LITC)	
11	NCPD 5K (50:59)	62
Women 60-64		
	Doman, Dolores (Super Runners)	
1	NCPD 5K (23:47)	100
	Joyce, Maureen (Northport Runners Club)	
2	NCPD 5K (24:35)	90
	Zacharia, Marianne (Northport Runners Club)	
3	NCPD 5K (27:21)	86
	Murray, Joyce (Runner's Edge/LITC)	
4	NCPD 5K (46:28)	83
Women 65-69		
	Keogh, Susan (GLIRC)	
1	NCPD 5K (25:21)	100
	Holden, Rochelle (We Are Athletes)	
2	NCPD 5K (38:02)	90
Women 70-74		
	Fitzgibbon, Anne (We Are Athletes)	
1	NCPD 5K (30:56)	100
	Penagos, Elizabeth (GLIRC)	
2	NCPD 5K (33:24)	90
Women 75-79		
	Delaney, Patricia (Massapequa Road Runners)	

	1	NCPD 5K (32:12)	100
Men 16-19			
		Smyth, Patrick (Runner's Edge/LITC)	
	1	NCPD 5K (16:19)	100
Men 20-24			
		McKeon, John (GLIRC)	
	1	NCPD 5K (19:39)	100
		Conley, Kevin (NCPD Running Club)	
	2	NCPD 5K (25:27)	90
Men 25-29			
		Pickard, Robert (Long Run Crew)	
	1	NCPD 5K (17:19)	100
		Scheinson, Scott (Long Run Crew)	
	2	NCPD 5K (19:13)	90
		Williams, Raymond (We Are Athletes)	
	3	NCPD 5K (19:23)	86
		Doskoez Jr, Ronald (Long Run Crew)	
	4	NCPD 5K (19:23)	83
		Hardick, Sean (Runner's Edge/LITC)	
	5	NCPD 5K (19:26)	80
		Fund, Andrew (Runner's Edge/LITC)	
	6	NCPD 5K (23:27)	77
Men 30-34			
		Parsons, Joshua (NCPD Running Club)	
	1	NCPD 5K (18:34)	100
		Harvey, Daniel (GLIRC)	
	2	NCPD 5K (19:28)	90
		Masso, Keith (LIRRC)	
	3	NCPD 5K (21:11)	86
		Tymecki, Kenneth (NCPD Running Club)	
	4	NCPD 5K (21:16)	83
		Demeri, Ryan (GLIRC)	
	5	NCPD 5K (21:50)	80
		Perez, Diego (Runner's Edge/LITC)	
	6	NCPD 5K (22:14)	77
Men 35-39			
		Garvin, Eric (Long Run Crew)	
	1	NCPD 5K (18:28)	100
		Scott, Matthew (NCPD Running Club)	
	2	NCPD 5K (18:40)	90
		Jensen, Joseph (Long Run Crew)	
	3	NCPD 5K (19:03)	86
		Murphy III, Robert (Northport Runners Club)	
	4	NCPD 5K (19:09)	83
		Hampton, Trent (We Are Athletes)	
	5	NCPD 5K (19:42)	80

	Smith, Bradley (Runner's Edge/LITC)	
6	NCPD 5K (20:22)	77
	Palma, Luis (LIRRC)	
7	NCPD 5K (20:25)	74
	Fox, Michael (NYPD)	
8	NCPD 5K (25:45)	71
Men 40-44		
	Edwin, Derrick (Runner's Edge/LITC)	
1	NCPD 5K (20:11)	100
	Spottiswood, Mark (NCPD Running Club)	
2	NCPD 5K (20:35)	90
	Urbina, Armando (NYPD)	
3	NCPD 5K (21:03)	86
	Weiss, Steve (GLIRC)	
4	NCPD 5K (21:37)	83
	Dabrowski, Adam (Runner's Edge/LITC)	
5	NCPD 5K (21:57)	80
	Nicolosi, Sergio (Runner's Edge/LITC)	
6	NCPD 5K (22:27)	77
	Deleon, Lester (Runner's Edge/LITC)	
7	NCPD 5K (24:30)	74
Men 45-49		
	Crowley, Brian (Runner's Edge/LITC)	
1	NCPD 5K (18:57)	100
	Minerva, Michael (Selden Hills)	
2	NCPD 5K (22:32)	90
	Conroy, Matthew (GLIRC)	
3	NCPD 5K (22:44)	86
	Olson, Ken (LIRRC)	
4	NCPD 5K (25:40)	83
	Shaltenbrand, Rob (Runner's Edge/LITC)	
5	NCPD 5K (26:12)	80
Men 50-54		
	Boone, Kevin (Northport Runners Club)	
1	NCPD 5K (19:59)	100
	Frank, Christopher (Long Run Crew)	
2	NCPD 5K (20:01)	90
	Anderson, Michael (NYPD)	
3	NCPD 5K (21:39)	86
	Arloff, Kevin (Northport Runners Club)	
4	NCPD 5K (21:58)	83
	Walden, Ben (Northport Runners Club)	
5	NCPD 5K (24:38)	80
	Savino, Joseph (NYPD)	
6	NCPD 5K (26:42)	77
	McBride, Michael (NYPD)	

	7	NCPD 5K (40:18)	74
Men 55-59			
		Fried, Robert (GLIRC)	
	1	NCPD 5K (21:06)	100
		Greene, John (Selden Hills)	
	2	NCPD 5K (21:47)	90
		Casale, Michael (We Are Athletes)	
	3	NCPD 5K (21:59)	86
		Moley, Tim (Northport Runners Club)	
	4	NCPD 5K (22:49)	83
		Matteo, Anthony (Runner's Edge/LITC)	
	5	NCPD 5K (23:13)	80
		Fallon, Brian (Northport Runners Club)	
	6	NCPD 5K (24:07)	77
		Hansen, Fleming (Northport Runners Club)	
	7	NCPD 5K (24:34)	74
		Murray, Thomas (Northport Runners Club)	
	8	NCPD 5K (25:59)	71
		DeSpagna, John (Northport Runners Club)	
	9	NCPD 5K (26:23)	68
		Simmons, Steve (LIRRC)	
	10	NCPD 5K (26:46)	65
		Maxwell, Mike (North Country Road Runners)	
	11	NCPD 5K (27:09)	62
		Niedfeld, William (We Are Athletes)	
	12	NCPD 5K (29:25)	59
Men 60-64			
		DiGiovanni, David (Runner's Edge/LITC)	
	1	NCPD 5K (25:31)	100
		Martinez, Frank (NYPD)	
	2	NCPD 5K (26:14)	90
		Meehan, Thomas (We Are Athletes)	
	3	NCPD 5K (27:43)	86
		Nora, John (LIRRC)	
	4	NCPD 5K (29:15)	83
		McDougall, James (GLIRC)	
	5	NCPD 5K (29:42)	80
		Angerame, John (We Are Athletes)	
	6	NCPD 5K (30:31)	77
Men 65-69			
		Byrne, Kevin (NCPD Running Club)	
	1	NCPD 5K (32:03)	100
		Platt, Edward (NYPD)	
	2	NCPD 5K (33:54)	90
Men 70-74			
		Miller, Johnny (LIRRC)	

1	NCPD 5K (30:04)	100
	Morse, Glenn (GLIRC)	
2	NCPD 5K (30:54)	90
	Escher, Doug (NCPD Running Club)	
3	NCPD 5K (40:18)	86
	Hargrove, Paul (NYPD)	
4	NCPD 5K (50:09)	83
Men 80-84		
	Cordero, Joe (We Are Athletes)	
1	NCPD 5K (35:52)	100